

OCTOBER | 2020



Aspen Ridge Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>28</p>	<p>29</p>	<p>30</p>	<p>1 BREAKFAST Cereal, graham crackers, juice, Fruit & milk LUNCH Chicken nuggets (16) Tater tots (16) peaches (20) Broccoli (11) WG crackers (14)</p>	<p>2 BREAKFAST Cereal, graham crackers, juice, Fruit & milk LUNCH Grilled cheese (31) Chips (17) Celery (1) pears (20)</p>
<p>5 BREAKFAST Cereal, graham crackers, juice, Fruit & milk LUNCH Corn dog (30) Baked beans (30) Cooked carrots (5) Applesauce (20)</p>	<p>6 BREAKFAST Cereal, graham crackers, juice, Fruit & milk LUNCH Rotini & meat sauce (41) Garlic bread sticks (15) Salad (2) pears (20)</p>	<p>7 BREAKFAST Cereal, graham crackers, juice, Fruit & milk LUNCH Deep dish pizza (31) Mini carrots (12) Bananas (27) fruit snacks (20)</p>	<p>8 BREAKFAST Cereal, graham crackers, juice, Fruit & milk LUNCH Chicken strips (16) WG roll (20) Broccoli (11) peaches (20) JK – 5 Emoticons (20) 6-8 tater tots (16)</p>	<p>9 BREAKFAST Cereal, graham crackers, juice, Fruit & milk LUNCH Mini pancakes (36) syrup (31) Sausage (1) Hash brown patty (13) Strawberry cup (22)</p>
<p>12 BREAKFAST Cereal, graham crackers, juice, Fruit & milk LUNCH Chicken patty WG bun (45) French fries (13) Corn (17) applesauce (20)</p>	<p>13 BREAKFAST Cereal, graham crackers, juice, Fruit & milk LUNCH Chicken Quesadilla (32) Salad (2) refried beans (30) Mixed fruit (20)</p>	<p>14 BREAKFAST Cereal, graham crackers, juice, Fruit & milk LUNCH Pizza sticks (32) Mini carrots (12) Apple slices (7) Cookie (19)</p>	<p>15 BREAKFAST Cereal, graham crackers, juice, Fruit & milk LUNCH Chicken nuggets (16) Tater tots (16) peaches (20) Broccoli (11) WG crackers (14)</p>	<p>16 BREAKFAST Cereal, graham crackers, juice, Fruit & milk LUNCH Soy butter sandwich (30) Cheese stick (1) chips (17) Celery (1) pears (20)</p>
<p>19 BREAKFAST Cereal, graham crackers, juice, Fruit & milk LUNCH Hot dog WG bun (31) Baked beans (30) Cooked carrots (5) Applesauce (20)</p>	<p>20 BREAKFAST Cereal, graham crackers, juice, Fruit & milk LUNCH Rotini & meat sauce (41) Garlic bread sticks (15) Salad (2) pears (20)</p>	<p>21 BREAKFAST Cereal, graham crackers, juice, Fruit & milk LUNCH Deep dish pizza (31) Mini carrots (12) Bananas (27) Fruit snacks (20)</p>	<p>22 BREAKFAST Cereal, graham crackers, juice, Fruit & milk LUNCH Chicken strips (16) WG roll (20) Broccoli (11) peaches (20) JK – 5 Emoticons (20) 6-8 tater tots (16)</p>	<p>23 BREAKFAST Cereal, graham crackers, juice, Fruit & milk LUNCH French toast (36) syrup (31) Sausage (1) Hash brown patty (13) Strawberry cup (22)</p>
<p>26 BREAKFAST Cereal, graham crackers, juice, Fruit & milk LUNCH Hamburger WG bun (31) Green beans (4) French fries (13) Applesauce (20)</p>	<p>27 BREAKFAST Cereal, graham crackers, juice, Fruit & milk LUNCH Taco snack bites (30) Salad (2) refried beans (30) Mixed fruit (20)</p>	<p>28 BREAKFAST Cereal, graham crackers, juice, Fruit & milk LUNCH Pizza sticks (32) Mini carrots (12) Apple slices (7) Cookie (19)</p>	<p>29 BREAKFAST Cereal, graham crackers, juice, Fruit & milk LUNCH Chicken nuggets (16) Tater tots (16) peaches (20) Broccoli (11) WG crackers (14)</p>	<p>30 BREAKFAST Cereal, graham crackers, juice, Fruit & milk LUNCH ½ DAY NO LUNCH</p>

News

BREAKFAST IN
THE CLASSROOM
FOR JK – 3
8:10 – 8:45

GRADES 4 – 8
WILL BE IN THE
CAFETERIA

JK – 5 LUNCHES IN
THE CLASSROOM

LUNCH IN THE
CAFETERIA 6 - 8

MILK CHOICES

SKIM
1% WHITE
1% CHOCOLATE

MENU SUBJECT
TO CHANGE
BASED ON
AVAILABILITY