

# OCTOBER | 2020



## Westwood Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>28</b></p>	<p><b>29</b></p>	<p><b>30</b></p>	<p><b>1</b> Chicken nuggets (15) OR Spicy strips (16) Tater tots (16) fruit (20) Carrots (12) broccoli (11) WG roll (20)</p>	<p><b>2</b> BBQ pork WG bun (32) OR grilled cheese (31) Celery (1) carrots (12) Chips (17) fruit (20)</p>
<p><b>5</b> Corn dog (30) OR deep dish pizza (31) Baked beans (30) Cooked carrots (5) Veggies (5) fruit (20)</p>	<p><b>6</b> Rotini &amp; meat sauce (41) OR spicy strips (16) Garlic bread sticks (15) Salad (2) fruit (20)</p>	<p><b>7</b> Big Daddy Pizza (35) OR Bosco sticks (28) Mini carrots (12) fruit (20) Yogurt (15)</p>	<p><b>8</b> Popcorn chicken (15) OR chicken strips (16) Tater tots (16) fruit (20) Carrots (12) broccoli (11) WG roll (20)</p>	<p><b>9</b> Mini cakes (36) Sausage (1) syrup (31) OR pizza sticks (64) Hash brown patty (13) Carrots (12) broccoli (11) Strawberry cup (22)</p>
<p><b>12</b> Chicken patty WG bun (45) OR deep dish pizza (31) French fries (13) corn (17) Fruit (20) veggies (12)</p>	<p><b>13</b> Chicken Quesadilla (32) OR beef &amp; bean burrito (38) Salad (4) fruit (20) Refried beans (30)</p>	<p><b>14</b> Pizza sticks (64) OR Bosco sticks (28) Mini carrots (12) Yogurt (15) fruit (20)</p>	<p><b>15</b> Chicken nuggets (16) OR spicy strips (16) Tater tots (16) fruit (20) Carrots (12) broccoli (11) WG roll (20)</p>	<p><b>16</b> Meatball Sub WG Roll (47) OR grilled cheese (31) Celery (1) carrots (12) Chips (17) fruit (20)</p>
<p><b>19</b> Hot dog WG bun (31) OR Deep dish pizza (31) Baked beans (30) California blend (5) Veggies (12) fruit (20)</p>	<p><b>20</b> Rotini &amp; meat sauce (41) OR spicy strips (16) Garlic bread sticks (15) Salad (2) fruit (20)</p>	<p><b>21</b> Big Daddy Pizza (35) OR Bosco sticks (28) Mini carrots (12) fruit (20) Yogurt (15)</p>	<p><b>22</b> Popcorn chicken (15) OR meatloaf (16) Mashed potatoes &amp; gravy (20) Corn (17) broccoli (11) WG roll (20)</p>	<p><b>23</b> French toast ((36) Sausage (1) syrup (31) OR pizza sticks (64) Hash brown patty (13) Carrots (12) broccoli (11) Strawberry cup (22)</p>
<p><b>26</b> Hamburger WG bun (31) OR deep dish pizza (31) Green beans (4) Curly fries (14) fruit (20) Fresh veggies (12)</p>	<p><b>27</b> Nacho supreme Meat, chips, cheese (31) OR beef &amp; bean burrito (38) Salad (2) fruit (20) Corn &amp; beans (24)</p>	<p><b>28</b> Pizza sticks (64) OR Bosco sticks (28) Mini carrots (12) Yogurt (15) fruit (20)</p>	<p><b>29</b> Chicken nuggets (16) OR spicy strips (16) Tater tots (16) fruit (20) Carrots (12) broccoli (11) WG roll (20)</p>	<p><b>30</b>  ½ DAY NO LUNCH</p>

### News

GRAB & GO  
BREAKFAST  
IN THE  
CAFETERIA  
7:45 – 8:15

Cereal, pop-tarts  
Cereal bars  
100% juices  
Milk & fruit

### MILK CHOICES

1% White  
1% Chocolate

Menu subject  
To change  
Based on  
Availability

HAPPY  
HALLOWEEN