

# NOVEMBER | 2022



## Aspen Ridge Lunch Menu

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<b>31</b> Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Nacho supreme Meat, chips, & cheese (31) Salad (2) pears (20) Refried beans (30)	<b>1</b> Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Nacho supreme Meat, chips, & cheese (31) Salad (2) pears (20) Refried beans (30)	<b>2</b> Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Pizza (31) Mini carrots (12) Apple slices (7) Cookies (20)	<b>3</b> Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Chicken strips (16) Tater tots (13) Broccoli (11) peaches (20) WG rolls (20)	<b>4</b> Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Mini pancakes (36) Sausage (1) syrup (31) Hash brown patty (13) Fruit (20)
<b>7</b> Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Corn dogs (30) Baked beans (30) Broccoli (11) Applesauce (20)	<b>8</b> Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Rotini & meat sauce (41) Garlic bread sticks (15) Salad (2) pears (20)	<b>9</b> Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Pizza (31) Mini carrots (12) Bananas (27) Fruit snacks (20)	<b>10</b> Breakfast Cereal, toast, juice, fruit, Graham crackers & milk  ½ Day No Lunch	<b>11</b> Breakfast Cereal, toast, juice, fruit, Graham crackers & milk  ½ Day No Lunch
<b>14</b> Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Hammy Sammy (31) Broccoli (11) Applesauce (20) Chips (20)	<b>15</b> Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Tacos – meat & cheese (4) Soft shells (15) salad (2) Refried beans (30) pears (20)	<b>16</b> Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Pizza (31) Mini carrots (12) Apple slices (7) Cookies (20)	<b>17</b> Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Turkey & gravy (2) Mashed potatoes (19) Corn (17) WG roll (20) Sherbet (23) peaches (20)	<b>18</b> Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch French toast bites (36) Sausage (1) syrup (31) Hash brown patty (13) Fruit (20)
<b>21</b> Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Hot dogs WG bun (31) Baked beans (30) Broccoli (11) Applesauce (20)	<b>22</b> Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Rotini & meat sauce (41) Garlic bread sticks (15) Salad (2) pears (20)	<b>23</b> Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Pizza (31) Mini carrots (12) Bananas (27) Fruit snacks (20)	<b>24</b>  Thanksgiving Break	<b>25</b>  Thanksgiving Break
<b>28</b> Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Hamburger WG bun (31) French fries (13) Corn (17) Applesauce (20)	<b>29</b> Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Nacho supreme Meat, chips, & cheese (31) Salad (2) pears (20) Refried beans (30)	<b>30</b> Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Pizza (31) Mini carrots (12) Apple slices (7) Cookies (20)	<b>1</b>	<b>2</b>

**News**  
**Breakfast is**  
**Served daily from**  
**7:30 – 8:15**

### MILK CHOICES

**Skim**  
**1% White**  
**1% Chocolate**

**Menu subject to**  
**Change based**  
**On availability**

**½ day on**  
**Thursday,**  
**November 10<sup>th</sup>**  
**& Friday**  
**November 11<sup>th</sup>**

