NOVEMBER | 2022

Westwood Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1 Nacho supreme Meat, chips, & cheese (31) Refried beans (30) Salad (2) fruit (20) Fresh veggies (12)	2 Pizza (35) Mini carrots (12) Yogurt (20) Fruit (20)	3 Chicken strips (16) OR spicy chicken (16) Tater tots (13) WG roll (20) Broccoli (11) Fruit (20)	4 Mini pancakes (36) Sausage (1) syrup (31) Hash brown patty (13) Fresh veggies (12) Fruit (20)
7 Mini corn dogs (30) OR Baked beans (30) Broccoli (11) Fresh veggies (12) Fruit (20)	8 Rotini & meat sauce (41) OR lasagna roll-ups (41) Garlic bread sticks (15) Salad (2) fruit (20) Fresh veggies (12)	9 Pizza (35) Mini carrots (12) Yogurt (20) Fruit (20)	10 ½ Day No Lunch	11 ½ Day No Lunch
14 Hammy Sammy (31) OR Sloppy Joe WG bun (40) Broccoli (11) Chips (20) fruit (20)	15 Tacos – meat & cheese (4) Soft shells OR chicken enchiladas (35) Salad (2) fruit (20) Refried beans (30)	16 Pizza (35) Mini carrots (12) Yogurt (20) Fruit (20)	17 Turkey & gravy (2) Mashed potatoes (19) WG roll (20) Corn (17) fruit (20) Sherbet (23)	18 French toast bites (36) Sausage (1) syrup (31) Hash brown patty (13) Fresh veggies (12) Fruit (20)
21 Hot dog WG bun (31) OR Baked beans (30) Broccoli (11) Fresh veggies (12) Fruit (20)	22 Rotini & meat sauce (41) OR lasagna roll-ups (41) Garlic bread sticks (15) Salad (2) fruit (20) Fresh veggies (12)	23 Pizza (35) Mini carrots (12) Yogurt (20) Fruit (20)	24 Thanksgiving Break	25 Thanksgiving Break
28 Hamburger WG bun (31) French fries (13) Broccoli (11) Applesauce (20)	29 Nacho supreme Meat, chips, & cheese (31) Refried beans (30) Salad (2) fruit (20) Fresh veggies (12)	30 Pizza (35) Mini carrots (12) Yogurt (20) Fruit (20)	1	2

News

Breakfast is offered
In the cafeteria from
7:30 – 8:00

Cereal, pop-tarts,
Cereal bars
100% juices
Milk & fruit

MILK CHOICES
Skim
1% White
1% Chocolate

Menu subject to
Change based
On availability

½ day on Thursday,
November 10th &
Friday, November 11th

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