



# JANUARY | 2023

## Aspen Ridge Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>2</b></p> <p><b>CHRISTMAS BREAK</b></p>	<p><b>3</b></p> <p><b>Breakfast</b> Cereal, toast, juice, fruit, Graham Crackers &amp; milk <b>Lunch</b> Hamburger WG bun (45) Baked beans (30) Broccoli (6) Pears (20) chips (20)</p>	<p><b>4</b></p> <p><b>Breakfast</b> Cereal, toast, juice, fruit, Graham Crackers &amp; milk <b>Lunch</b> Pizza (31) Mini carrots (12) Apple slices (7) Cookies (20)</p>	<p><b>5</b></p> <p><b>Breakfast</b> Cereal, toast, juice, fruit, Graham Crackers &amp; milk <b>Lunch</b> Popcorn chicken (16) Tater tots (13) corn (17) Peaches (20) WG roll (20)</p>	<p><b>6</b></p> <p><b>Breakfast</b> Cereal, toast, juice, fruit, Graham Crackers &amp; milk <b>Lunch</b> Mini cakes (36) Sausage (1) syrup (31) Hash brown patty (13) Fruit (20)</p>
<p><b>9</b></p> <p><b>Breakfast</b> Cereal, toast, juice, fruit, Graham Crackers &amp; milk <b>Lunch</b> Corn dogs (30) Baked beans (30) Broccoli (11) Applesauce (20)</p>	<p><b>10</b></p> <p><b>Breakfast</b> Cereal, toast, juice, fruit, Graham Crackers &amp; milk <b>Lunch</b> Rotini &amp; meat sauce (41) Garlic bread sticks (15) Salad (2) pears (20)</p>	<p><b>11</b></p> <p><b>Breakfast</b> Cereal, toast, juice, fruit, Graham Crackers &amp; milk <b>Lunch</b> Pizza (31) Mini carrots (12) Bananas (27) Fruit snacks (20)</p>	<p><b>12</b></p> <p><b>Breakfast</b> Cereal, toast, juice, fruit, Graham Crackers &amp; milk <b>Lunch</b> Chicken strips (16) Tater tots (13) corn (17) Peaches (20) WG roll (20)</p>	<p><b>13</b></p> <p><b>Breakfast</b> Cereal, toast, juice, fruit, Graham Crackers &amp; milk</p> <p>½ day No Lunch</p>
<p><b>16</b></p> <p><b>Breakfast</b> Cereal, toast, juice, fruit, Graham Crackers &amp; milk <b>Lunch</b> Hammy Sammy (31) Broccoli (11) Applesauce (20) Chips (20)</p>	<p><b>17</b></p> <p><b>Breakfast</b> Cereal, toast, juice, fruit, Graham Crackers &amp; milk <b>Lunch</b> Tacos – meat &amp; cheese (4) Soft shells (15) salad (2) Refried beans (30) pears (20)</p>	<p><b>18</b></p> <p><b>Breakfast</b> Cereal, toast, juice, fruit, Graham Crackers &amp; milk <b>Lunch</b> Pizza (31) Mini carrots (12) Apple slices (7) Cookies (20)</p>	<p><b>19</b></p> <p><b>Breakfast</b> Cereal, toast, juice, fruit, Graham Crackers &amp; milk <b>Lunch</b> Chicken patty WG bun (45) Sweet potato fries z916) Corn (17) peaches (20)</p>	<p><b>20</b></p> <p><b>Breakfast</b> Cereal, toast, juice, fruit, Graham Crackers &amp; milk <b>Lunch</b> Mini cakes (36) Sausage (1) syrup (31) Hash brown patty (13) Fruit (20)</p>
<p><b>23</b></p> <p><b>Breakfast</b> Cereal, toast, juice, fruit, Graham Crackers &amp; milk <b>Lunch</b> Hot dogs WG buns (31) Baked beans (30) Broccoli (11) Applesauce (20)</p>	<p><b>24</b></p> <p><b>Breakfast</b> Cereal, toast, juice, fruit, Graham Crackers &amp; milk <b>Lunch</b> Chicken Alfredo (52) Garlic bread sticks (15) Salad (2) pears (20)</p>	<p><b>25</b></p> <p><b>Breakfast</b> Cereal, toast, juice, fruit, Graham Crackers &amp; milk <b>Lunch</b> Pizza (31) Mini carrots (12) Bananas (27) Fruit snacks (20)</p>	<p><b>26</b></p> <p><b>Breakfast</b> Cereal, toast, juice, fruit, Graham Crackers &amp; milk <b>Lunch</b> Chicken nuggets (16) Tater tots (13) Corn (17) WG roll (20) Peaches (20)</p>	<p><b>27</b></p> <p><b>Breakfast</b> Cereal, toast, juice, fruit, Graham Crackers &amp; milk <b>Lunch</b> Chili (30) cheese sticks (1) WG crackers (14) celery (1) Mixed fruit (20)</p>
<p><b>30</b></p> <p><b>Breakfast</b> Cereal, toast, juice, fruit, Graham Crackers &amp; milk <b>Lunch</b> Hamburger WG bun (45) French fries (13) Broccoli (6) Pears (20)</p>	<p><b>31</b></p> <p><b>Breakfast</b> Cereal, toast, juice, fruit, Graham Crackers &amp; milk <b>Lunch</b> Nacho supreme Meat, chips, &amp; cheese (31) Salad (2) pears (20) Refried bean (30)</p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p>

### News

WELCOME BACK

Breakfast is  
Served daily from  
7:30 – 8:15

### MILK CHOICES

Skim  
1% White  
1% Chocolate

Menu is subject to  
Changed based  
On availability

