

OCTOBER | 2023

Aspen Ridge Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2 Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Chicken patty WG bun (45) Tater tots (13) Corn (17) Applesauce (20)</p>	<p>3 Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Pizza casserole (41) Garlic bread sticks (15) Romaine (2) Pears (20)</p>	<p>4 Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Pizza (31) Mini carrots (12) Apple slices (7z) Cookie (20)</p>	<p>5 Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Mini corn dogs (30) Baked beans (30) California blend (6) Mixed fruit (20)</p>	<p>6 Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Mini pancakes (36) Sausage (1) syrup (31) Hash brown patty (13) Strawberries (20)</p>
<p>9 Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Chicken nuggets (16) Tater tots (13) corn (17) WG roll (20) Applesauce (20)</p>	<p>10 Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Nacho supreme Meat, chips & cheese (31) Refried beans (30) Salad (2) pears (20)</p>	<p>11 Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Pizza calzones (31) Carrots (12) bananas (27) Fruit snacks (20)</p>	<p>12 Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Hamburger WG bun (31) French fries (13) Green beans (6) Fruit (20)</p>	<p>13 Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Grilled cheese (31) Fresh broccoli (11) Mixed fruit (20) Chips (20)</p>
<p>16 Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Chicken strips (16) Tater tots (13) Corn (17) WG roll (20) Applesauce (20)</p>	<p>17 Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Rotini & meat sauce (41) Garlic bread sticks (15) Romaine (2) pears (20)</p>	<p>18 Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Pizza (31) Mini carrots (12) Apple slices (7z) Cookie (20)</p>	<p>19 Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Hot dogs WG bun (31) Baked beans (30) California blend (6) Fruit (20)</p>	<p>20 Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch French toast bites (36) Sausage (1) syrup (31) Hash brown patty (13) Strawberries (20)</p>
<p>23 Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Popcorn chicken (16) Tater tots (13) Corn (17) WG roll (20) Applesauce (20)</p>	<p>24 Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Tacos-meat & cheese (4) Soft shells (15) salad (2) Refried beans (30) pears (20)</p>	<p>25 Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Pizza calzones (31) Carrots (12) bananas (27) Fruit snacks (20)</p>	<p>26 Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Ham subs (31) Fresh broccoli (11) Fruit (20) chips (20)</p>	<p>27 Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch BBQ pulled pork WG bun (43) Cole slaw (19) French fries (13) Mixed fruit (20)</p>
<p>30 Breakfast Cereal, toast, juice, fruit, Graham crackers & milk Lunch Chicken patty WG bun (45) Tater tots (13) Corn (17) Applesauce (20)</p>	<p>31 Breakfast Cereal, toast, juice, fruit, Graham crackers & milk ½ DAY NO LUNCH</p>	<p>1</p>	<p>2</p>	<p>3</p>

News

Breakfast is served
Daily from
7:45 – 8:15

MILK CHOICES

Skim
1% White
1% Chocolate

Menu subject to
Change based
On availability

HAPPY
HALLOWEEN

