

OCTOBER | 2023



Westwood Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 Chicken patty WG bun (45) <u>OR</u> cheeseburger slider (30) Tater tots (13) Corn (17) fruit (20) Fresh veggies (12)	3 Pizza casserole (41) <u>OR</u> lasagna roll-up (41) Garlic bread sticks (15) Romaine (2) fruit (20) Fresh veggies (12)	4 Big Daddy Pizza (35) <u>OR</u> pizza calzones (31) Carrots (12) Yogurt (15) Fruit (20)	5 Mini corn dogs (30) <u>OR</u> Baked beans (30) California blend (6) Fruit (20)	6 Mini pancakes (36) Sausage (1) syrup (31) <u>OR</u> cooks choice Hash brown patty (13) Fresh veggies (12) Fruit (20)
9 Chicken nuggets (16) <u>OR</u> spicy chicken (16) Tater tots (13) corn (17) Fresh veggies (12) WG rolls (20) fruit (20)	10 Nacho supreme Meat, chips & cheese (31) <u>OR</u> chicken Quesadilla (32) Refried beans (31) Salad (2) fresh veggies (12) Fruit (20)	11 Pizza sticks (35) <u>OR</u> Bosco sticks (28) Carrots (12) Yogurt (15) fruit (20)	12 Hamburger WG bun (31) <u>OR</u> ham & cheese pocket (38) French fries (13) Green beans (6) Fresh veggies (12) fruit (20)	13 Grilled cheese (31) <u>OR</u> cooks choice Fresh broccoli (11) Fruit (20) chips (20)
16 Chicken strips (16) <u>OR</u> spicy chicken (16) Tater tots (13) corn (17) Fresh veggies (12) WG rolls (20) fruit (20)	17 Rotini & meat sauce (41) <u>OR</u> lasagna roll-up 941) Garlic bread sticks (15) Romaine (2) fruit (20) Fresh veggies (12)	18 Big Daddy Pizza (35) <u>OR</u> pizza calzones (31) Carrots (12) Yogurt (15) Fruit (20)	19 Hot dogs WG bun (31) <u>OR</u> Baked beans (30) California blend (6) Fresh veggies (12) fruit (20)	20 French toast bites (36) Sausage (1) syrup (31) <u>OR</u> cooks choice Hash brown patty (13) Fresh veggies (12) Fruit (20)
23 Patriot bowls Mashed potatoes & gravy With chicken (36) <u>OR</u> meatloaf & mashed Potatoes (36) Corn (17) fresh veggies (12) WG roll (20) fruit (20)	24 Tacos – meat & cheese (4) Soft shells (15) <u>OR</u> chicken Quesadilla (22) Refried beans (30) Salad (2) fruit (20)	25 Pizza sticks (35) <u>OR</u> Bosco sticks (28) Carrots (12) Yogurt (15) fruit (20)	26 Meatball subs WG bun (47) <u>OR</u> ham sub (31) Fresh broccoli (11) Fruit (20) chips (20)	27 BBQ pulled pork WG bun (43) <u>OR</u> cooks choice Cole slaw (19) French fries (13) Fresh veggies (12) Fruit (20)
30 Chicken patty WG bun (45) <u>OR</u> cheeseburger slider (30) Tater tots (13) Corn (17) fruit (20) Fresh veggies (12)	31 ½ DAY NO LUNCH	1	2	3

News

Breakfast is offered
 In the cafeteria from
 7:30 – 8:00

Cereal, pop-tarts,
 Cereal bars
 Milk & fruit

MILK CHOICES

Skim
 1% White
 1% Chocolate

Menu is subject to
 Change based on
 Availability

HAPPY
 HALLOWEEN

