

# NOVEMBER | 2023



## Westwood Lunch Menu

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|---|---|--|--|---|
| <b>30</b><br><br>   | <b>31</b><br><br>   | <b>1</b><br>Big Daddy Pizza (35)<br><u>OR</u> pizza calzones (31)<br><br>Carrots (12)<br>Yogurt (15) fruit (20)  | <b>2</b><br>Mini corn dogs (30)<br><u>OR</u> cooks choice<br><br>Baked beans (3)<br>Broccoli (11)<br>Fruit (20)                            | <b>3</b><br>Mini pancakes (36)<br>Sausage (2) syrup (31)<br><u>OR</u> cooks choice<br><br>Hash brown patty (13)<br>Fresh veggies (12)<br>Fruit (20)       |
| <b>6</b><br>Chicken nuggets (16)<br><u>OR</u> spicy chicken (16)<br><br>Tater tots (13) corn (17)<br>Fresh veggies (12)<br>WG rolls (20) fruit (20) | <b>7</b><br>Nacho supreme<br>Meat, chips & cheese (31)<br><u>OR</u> Chicken Quesadilla (32)<br><br>Refried beans (31)<br>Salad (2) fresh veggies (12)<br>Fruit (20) | <b>8</b><br>Pizza sticks ((35)<br><u>OR</u> Bosco sticks (28)<br><br>Carrots (12)<br>Yogurt (15) fruit (20)      | <b>9</b><br><br>½ DAY<br>NO LUNCH  | <b>10</b><br><br>½ DAY<br>NO LUNCH  |
| <b>13</b><br>Hot dogs WG bun (31)<br><u>OR</u> cooks choice<br><br>Baked beans (30)<br>California blend (6)<br>Fresh veggies (12) fruit (20)        | <b>14</b><br>Rotini & meat sauce<br><u>OR</u> Chicken Alfredo<br><br>Garlic bread sticks (15)<br>Romaine (2) fruit (20)<br>Fresh veggies (12)                       | <b>15</b><br>Big Daddy Pizza (35)<br><u>OR</u> pizza calzones (31)<br><br>Carrots (12)<br>Yogurt (15) fruit (20) | <b>16</b><br>Turkey & gravy (2)<br>Mashed potatoes (19)<br><u>OR</u> cooks choice<br><br>Corn (17) WG roll (20)<br>Sherbet (23) fruit (20) | <b>17</b><br>French toast bites (36)<br>Sausage (2) syrup (31)<br><u>OR</u> cooks choice<br><br>Hash brown patty (13)<br>Fresh veggies (12)<br>Fruit (20) |
| <b>20</b><br>Chicken strips (16)<br><u>OR</u> spicy chicken (16)<br><br>Tater tots (13)<br>Broccoli (11)<br>WG roll (20) fruit (20)                 | <b>21</b> Tacos-meat & cheese (4)<br>Soft shells (15)<br><u>OR</u> Chicken Quesadilla (32)<br><br>Salad (2) fruit (20)<br>Refried beans (30)<br>Fresh veggies (12)  | <b>22</b><br><br>½ DAY<br>NO LUNCH   | <b>23</b><br><br>THANKSGIVING<br>BREAK   | <b>24</b><br><br>THANKSGIVING<br>BREAK  |
| <b>27</b><br>Chicken patty WG bun (45)<br><u>OR</u> Cooks choice<br><br>Tater tots (13)<br>Corn (17) fruit (20)<br>Fresh veggies (12)               | <b>28</b><br>Pizza casserole (41)<br><u>OR</u> beef ravioli (33)<br><br>Garlic bread sticks (15)<br>Romaine (2) fruit (20)<br>Fresh veggies (12)                    | <b>29</b><br>Pizza sticks ((35)<br><u>OR</u> Bosco sticks (28)<br><br>Carrots (12)<br>Yogurt (15) fruit (20)     | <b>30</b><br>Mini corn dogs (30)<br><u>OR</u> Cooks choice<br><br>Baked beans (3)<br>Broccoli (11)<br>Fruit (20)                           | <b>1</b><br><br>  |

### News

Breakfast is offered  
 In the cafeteria from  
 7:30 – 8:00

Cereal, pop-tarts,  
 Cereal bars  
 Milk & fruit

### MILK CHOICES

Skim  
 1% White  
 1% Chocolate

Menu is subject  
 To change based  
 On availability

HAPPY  
 THANKSGIVING

